



Retail Grab & Go Menu

	Price
Breakfast	
Loaded Breakfast Burrito (D, E, G) (Contains Pork)	\$ 7.00
Rotating Breakfast Burritos (May contain D, E, G, N and/or Pork)	\$ 7.00
(V) Rotating Breakfast Burritos (May contain D, E, G, N)	\$ 6.00
No Cheese Rotating Breakfast Burritos (May contain E, G and/or Pork)	\$ 6.50
(V) Cosmo Breakfast Egg White Sandwich (D, E, G)	\$ 7.00
Rotating Breakfast Sandwiches (May contain D, E, G and/or Pork)	\$ 7.00
(V) Rotating Breakfast Sandwiches (May contain D, E, G)	\$ 7.00
No Cheese Rotating Breakfast Sandwiches (May contain E, G and/or Pork)	\$ 7.00
The Cosmo Egg White Bowl (E, G)	\$ 7.00
The Big Breakfast Platter (D, E) (May Contain Pork)	\$ 8.00
Rotating Breakfast Bowl/Platters (May Contain AV, D, E, G and/or Pork)	\$ 8.00
(V) Rotating Breakfast Bowl/Platters (May Contain AV, D, E, G)	\$ 8.00
Lox and Bagel Displays (D, G)	\$ 9.00
Breakfast Gluten Free Bowl (D, E, N)	\$ 8.00
(V) Breakfast Starches (May Contain AV, D, E, G)	\$ 6.00
(V) Breakfast Starch Sides (May Contain AV, D, E, G)	\$ 4.00
Breakfast Protein Sides (Contain Pork)	\$ 5.00
Breakfast Starches w/Protein (Contain Pork, May Contain AV, D, E, G)	\$ 8.00
Sandwiches (May Contain AV, D, E, G and/or Pork) - (V) and (VE) Options Available	
Sandwich	\$ 8.00
Half Sandwich	\$ 5.00
Wraps (May Contain AV, D, E, G and/or Pork) - (V) and (VE) Options Available	
Wrap	\$ 7.00
Half Wrap	\$ 5.00
Salads (May Contain AV, D, E, G, N and/or Pork) - (V) and (VE) Options Available	
Salad 24oz. Pkg	\$ 9.00
Side Salad 12oz. Pkg	\$ 5.00
Entrées	
Rotating Entrée Group #1	\$ 16.00
Rotating Entrée Group #2	\$ 14.00
Rotating Vegetarian Entrée	\$ 12.00
Lunch Bowls	
Rotating Lunch Bowl	\$ 10.00
Soups	
Soup of the Day	\$ 5.00
Fixed Snacks	
(VE) Fruit Cup - 12 oz.	\$ 5.00
(VE) Fruit Cup - 8 oz.	\$ 3.50
(VE) Tajin Fruit Crudité Cup w/Lime - 20 oz.	\$ 7.00

(V) Vegetarian (VE) Vegan (AV) Alcohol/Vinegar (D) Dairy (E) Eggs (G) Gluten (N) Nuts (SH) Shellfish

(VE) Tajin Fruit Crudité Cup w/Lime- 12 oz.	\$ 6.00
(V) Breakfast Parfait w/Granola (AV, D, N) - 20 oz.	\$ 8.00
(V) Breakfast Parfait w/Granola (AV, D, N) - 12 oz.	\$ 6.00
(V) Cottage Cheese w/Mixed Berries (D) - 8 oz.	\$ 4.00
Grilled Cubed Chicken - 4 oz.	\$ 3.00
Grilled Cubed Steak - 4 oz.	\$ 5.00
Grilled Salmon (Large Chunks) - 4 oz.	\$ 5.00
Tuna Salad (AV, D, E) - 4 oz.	\$ 5.00
(VE) Whole Avocados	\$ 3.00
(VE) Steamed Edamame - 4 oz.	\$ 3.00
(V) Ranch Dressing (AV, D, E) (individual 2oz portion cup)	\$ 1.00
(V) Fat Free Honey Dijon Mustard Vinaigrette (AV) (individual 2oz portion cup)	\$ 1.00
(V) French Herb Vinaigrette (AV) (individual 2oz portion cup)	\$ 1.00
(V) Balsamic Vinaigrette (AV) (Contains Honey) (individual 2oz portion cup)	\$ 1.00
(V) Sliced Cheddar Cheese (D) - 12 Slices (Individual Paper and Ziplocked)	\$ 7.00
(V) Sliced Pepper Jack Cheese (D) - 12 Slices (Individual Paper and Ziplocked)	\$ 7.00
Sliced Ham Deli Meat - 3 oz. (Individual Paper and Ziplocked)	\$ 6.00
Sliced Turkey Deli Meat - 3 oz. (Individual Paper and Ziplocked)	\$ 6.00
Sliced Breads (Sold by the loaf)- White	\$ 6.00
Sliced Breads (Sold by the loaf)- 9 Grain	\$ 6.00
Sliced Breads (Sold by the loaf) - Sourdough	\$ 8.00
Sliced Breads (Sold by the loaf) - Cinnamon Raisin	\$ 9.00

Rotating Snacks

(VE) Crudite Cup w/ (V) Pesto Ranch (AV, D, E) - 20 oz.	\$ 7.00
(VE) Crudite Cup w/ (V) Pesto Ranch (AV, D, E) - 12 oz.	\$ 6.00
(VE) Celery, Apple, (V) Nutella & Peanut Butter Cup (AV, D, N) - 20 oz.	\$ 9.00
(VE) Celery, Apple, (V) Nutella & Peanut Butter Cup (AV, D, N) - 12 oz.	\$ 7.00
(V) Hard Boiled Eggs (E) - Shell On (Sold by the dozen)	\$ 8.00
(VE) House-Made Tortilla Chips w/ (VE) Pico de Gallo (AV)	\$ 5.00
(V) Assorted Cheese Display (D)	\$ 8.00
Mediterranean Display (AV, D, G) (Contains Pork)	\$ 7.00
(V) Quesadilla (D, G)	\$ 5.00
(V) Seven layer Dip (D)	\$ 6.00
(V) Rotating Pudding (May Contain AV, D, G)	\$ 2.50
(VE) Crispy Chickpeas	\$ 3.00
(VE) Asian Noodle Salad (AV, G, N)	\$ 6.00
(V) Apple Turnover (AV, D, E, G)	\$ 6.00
(VE) Chips and Salsa (AV)	\$ 5.00
Charcuterie (AV, D) (Contains Pork)	\$ 8.00
Anti Pasti (AV, D, G) (Contains Pork)	\$ 8.00
Seafood Crab Cake (AV, D, E, G, SH)	\$ 5.00
Italian Beef Meatball (AV, G)	\$ 4.00
(VE) Kale and Cranberry Salad Shaker (AV)	\$ 8.00
(V) Medditeranean Salad Shaker (AV, D)	\$ 8.00
(V) Quinoa Super Shaker (AV)	\$ 9.00
(VE) Potato and Pea Samosas (G)	\$ 7.00
South East Asian Chicken Wing (AV)	\$ 7.00
Steamed Chicken Dumplings	\$ 7.00
Pork Siu Mei	\$ 7.00

Chicken and Vegetable Bao (AV, G)	\$ 9.00
Fried Gyoza	\$ 7.00
Salmon Yakitori (AV, G)	\$ 10.00
Beef Yakitori (AV, G)	\$ 9.00
Chicken Yakitori (AV, G)	\$ 6.00
(VE) Vietnamese Spring Rolls (AV)	\$ 7.00
(VE) Chana Pani Puri Shaker (AV, G)	\$ 8.00
(VE) Masala Spiced Nuts (N)	\$ 7.00

Specialty Snacks

(VE) Vegetarian Meat "Cakes", "Balls", "Croquettes", and "Patties"	\$ 9.00
(VE) Sweet and Sour Vegetarian "Meatballs" (AV)	\$ 9.00
(V) Bao Cocktail Buns (AV, D, E, G)	\$ 9.00
Kappa Maki (AV, G, SH)	\$ 9.00
Tekka Maki (AV, G, SH)	\$ 9.00
California Roll (AV, E, G, SH)	\$ 9.00
(V) Pav Bhaji (D, E, G)	\$ 11.00

Vegetable Sides

(VE) Garlicky Sauteed Baby Spinach	\$ 4.00
(VE) Balsamic Glazed Butternut Squash w/Shallots	\$ 3.00
(VE) Steamed Broccoli and Carrots	\$ 3.00
(VE) Chili-Garlic Sauteed Baby Bok Choy	\$ 3.00
(VE) Asparagus Confetti Salad	\$ 4.00
(VE) Apple-Cider Braised Collard Greens (AV)	\$ 3.00
(VE) Cucumber, Tri-Color Bell Pepper and Dill Salad	\$ 3.00
(VE) Grilled White Corn and Cherry Tomato	\$ 3.00
(VE) Balsamic Roasted Broccoli w/Roasted Red Bell Peppers (AV)	\$ 3.00

Vegetable Protein Sides

(VE) Herb Braised Red and Green Lentils	\$ 4.00
(VE) Southwestern Kale and Quinoa Salad w/ Black Beans	\$ 4.00
(V) Garbanzo Caprese Salad (AV)	\$ 4.00
(VE) Braised Kale and White Beans	\$ 3.00
(VE) Black and White Bean, Corn and Green Chili Salad	\$ 3.00
(VE) Picante Three Bean Salad (AV)	\$ 3.00
(VE) Red Curry Lentils w/ Peppers	\$ 3.00

Whole Grain Sides

(VE) Herb and Roasted Garlic Quinoa Pilaf	\$ 4.00
(VE) Tabouleh Bulgur Wheat Salad (G)	\$ 3.00
(VE) Ginger Sesame Brown Rice	\$ 3.00
(VE) Chili Coconut Quinoa	\$ 4.00
(VE) Aztec Whole Grain Amaranth and Lentil Blend	\$ 3.00
(VE) Farro Salad w/Carrots, Cranberries, Almonds (N)	\$ 4.00
(VE) Summer Brown Rice Salad	\$ 3.00
(VE) Sacramento Blend	\$ 3.00